

## COVID-19

### Studio JSD Daily Health Screening

Name: \_\_\_\_\_ Date: \_\_\_/\_\_\_/\_\_\_

Time In: \_\_\_\_:\_\_\_\_

#### Have you experienced any of the following in the past 24 hours:

Fever (100.4 F + or felt feverish)  Yes  No

Shortness of breath  Yes  No

Cough (new onset cough or worsening cough)  Yes  No

Sore throat  Yes  No

Severe headache  Yes  No

Chills  Yes  No

Muscle pain  Yes  No

Loss of taste or smell  Yes  No

#### In the past 14 days:

Household member who tested positive for COVID-19  Yes  No

Contact with someone exhibiting any of these symptoms  Yes  No

**\*\* In some instances, people may have a sore throat, severe headache, chills, muscle pain, or loss of taste or smell.**

If you answer “**yes**” to any of the symptoms listed above, or your temperature is **100.4 F or higher**, please do not go into work or use the studio facilities.

- Isolate yourself at home

#### Need Testing?

##### North Ottawa Community Hospital:

- *Get tested* (Contact your doctor or call one of the following (616) 935-7810 testing sites)

**Holland Hospital:** (616) 394-2080

**Spectrum Health:** (616) 391-2380

For questions visit [www.miottawa.org/mihealth](http://www.miottawa.org/mihealth) or contact the Ottawa County Department of Public Health at 616.396.5266.